

# What's the Answer?

**Ending hunger is a gigantic challenge, but it can be done.** People use different strategies to end hunger. Sometimes they give people food so their hunger stops right away. This is an important way to help. If you were starving, your parents would be grateful to someone who helped you.

But the next day you will be hungry again. And what about the day after that and the day after that? All the hungry-tomorrows show us that we need an additional strategy to end hunger.

We need to stop people from being hungry in the first place. This kind of strategy is called **long-term development aid.**

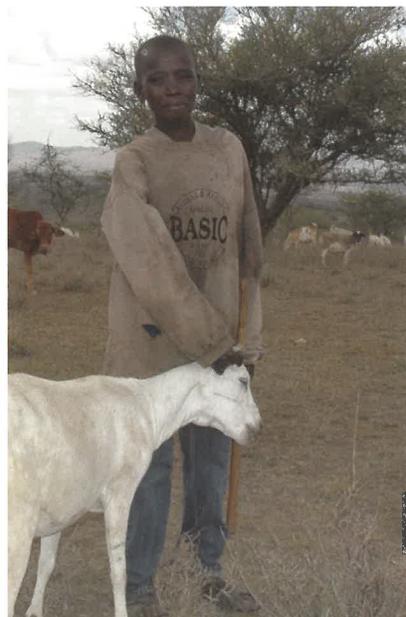
**Think about these projects. How can they keep people from being hungry in the first place?**

**Ethiopia** has a rainy season. When the rains come, it overflows the Wama River, causing flooding. Standing water is not clean water. It is not safe to drink. In the non-rainy seasons, little or no rain falls. A long-term development strategy is to build concrete structures that control some of the river water. Farmers can direct the water from the river to help irrigate their crops. This captured water helps more than 600 families grow food to eat.



DAVID MILLER/THE LUTHERAN

Miriam and her family live in **Dhadacha Balla**, also in Ethiopia. She has many mouths to feed and not much food or money. She was able to get a small loan from the ELCA Hunger Program to buy two goats. The goats make milk her family can drink. They also have babies which Miriam is able to sell. Miriam made enough money from her goats to repay her loan. She is also able to feed her family.

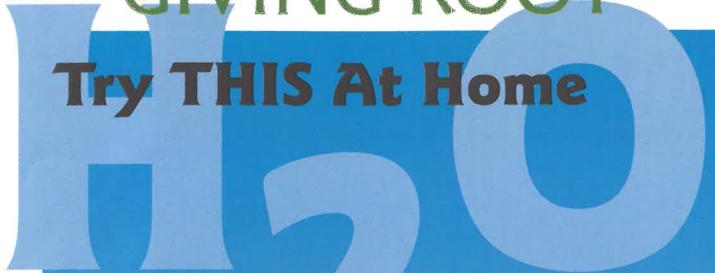


TIM FRANKS

Source: ELCA Hunger Projects—Ethiopia

# Growing GIVING ROOT

## Try THIS At Home



**Let's think about H<sub>2</sub>O.** Everybody needs clean water in order to live. Many people who are hungry do not have clean water.

● **Keep track of how much H<sub>2</sub>O your family uses in a day. Don't forget the washing machine, dishwasher, garden hoses...even washing the car.**

Toilet flushes (2 gallons each flush)	_____
Shower (7 gallons per minute)	_____
Cooking dinner	_____
Washing dishes	_____
Other water uses	_____
<b>TOTAL</b>	_____

● **Brush your teeth using only one glass of water. Next, brush your teeth the normal way EXCEPT plug the drain to see how much water you use. Compare the amount of water in the cup and in the sink. What did you discover?**

● **Many families around the world have to walk between three and four miles to get clean H<sub>2</sub>O. Fill a pail with water and walk around your block or down your street.**

**How much farther would you have to walk if you had to go three miles?**

