

Gathering PLANTING SEEDS

Seek the Truth

Not True: People who are poor choose to be poor.

True: Parents don't want their children to be hungry—they want them to be happy and healthy. People are not hungry because of choice or laziness. People are hungry for many different reasons:

- unemployment or low **wages**
- inaccessible, unaffordable **health care**;
- lack of **clean water** and sanitation;
- the necessity to plant **cash crops**;
- **governments** are unable to help and care for their people;
- **war**;
- **drought**, floods and other extreme weather.

Most of the time people are hungry because of many reasons together.

Cash crops are crops that farmers plant because they can make the most profit from them. Cash crops do not provide food for farmers. They also can be hard on the environment. Coffee and cocoa beans are examples of cash crops.

Not True: The world has too many people and not enough food.

True: If food were distributed fairly or justly, everyone would have enough to eat. The world has a large population. It also has an abundance of food. The problem is not that we don't have enough food and resources, but that some people use more food and resources than they need.

Not True: It is impossible to end hunger.

True: It is possible to end hunger. It will be hard, but it can be done. Ending hunger requires more than just giving people food. People need jobs, health care, a place to live, and education. They also need a country that will be fair and help them. In order to end hunger, people and countries need to decide they want to. They need to provide enough money and make decisions that will lead to an end to hunger. The largest obstacle to ending hunger is the world's unwillingness to do so.

What causes hunger?

HUNGER

drought

